

2024 – 2027 One-off Grant for Promotion of a Sports Ambience and MVPA60 in School

Objectives:

1. To create a better sports ambience in HLC
2. To promote and achieve MVPA60 through organizing relevant activities and programmes

Implementation Plan

Major Concerns	Intended Outcomes	Time Scale			Whole school / School Teams	Strategies
		24/25	25/26	26/27		
1. Creating a better sports ambience in HLC	Positive values related to sports are instilled.	√	√	√	WS	To organize PE and sports-related learning activities outside classroom <ul style="list-style-type: none"> • Arranging various sports interest classes and open recruit all students to join • Organize Health Week to promote sports ambience
		√			ST	To organize overseas Sports Exchange programmes <ul style="list-style-type: none"> • Taiwan Basketball, Volleyball and Badminton Training Camp
		√	√	√	WS	To set up a HLC Self-fitness Zone in covered playground Electronic bikes, AI fitness machine
2. Promoting and achieving MVPA60	Students' physical fitness and overall well-being are improved.	√	√	√	WS	To develop of electronic applications for recording students' physical fitness data and activity
		√	√	√	WS	To increase the proportion of fitness training in PE curriculum
		√	√	√	WS	To enhance the policy on the development of an active and healthy school campus

Budget			
Strategies	24/25	25/26	26/27
1. To organize PE and sports-related learning activities outside classroom			
1A. Arranging various sports interest classes and open recruit all students to join	10000	3000	3000
1B. Organize Health Week to promote sports ambience	1000	200	200
2. To organize overseas Sports Exchange programmes	45000		
3. To set up a HLC Self-fitness Zone in covered playground	42000		
4. To develop of electronic applications for recording students' physical fitness data and activity	37000	4300	4300
5. To increase the proportion of fitness training in PE curriculum			
6. To enhance the policy on the development of an active and healthy school campus			
<u>Estimated expenditure per year</u>	135000	7500	7500
<u>Total estimated expenditure in 3 years</u>	150000		